



## BH Fitness Cruiser Plus Treadmill

Category	Review of...	Means
Assembly	Ease of Assembly	'Plug and Run'. Lift the console into position and tighten the knobs by hand – you're ready to run!! Why can't all treadmills be this simple to build?
	No. of people required	Can be done by 1 person
	Time to assemble	2 minutes (it takes longer to remove the packaging than it does to build the machine!!)
	Clarity of Assembly Guide	The assembly guide is superfluous to requirements really, but if you do need to refer to them then they're easy to follow.
Quality	Paintwork	Smooth finish to paintwork – very rare to have any problems
	Plastics	Very good. Well moulded and easy to fit.
	Build Quality	Excellent – feels extremely sturdy
Usability	How easy is the machine to use	Simple. The majority of console is self explanatory.
	Clarity of Instruction Manual	Good – tells you everything that you need to know.
	Running Deck	A good size running deck that is well sprung. If you want anything better then you'll need a treadmill with an orthopedic belt.
	Controls	All controls are on the console and are easily accessible.
	Console and Feedback	Has a nice clear console and tells you most of what you need to know. Doesn't have a dot matrix profile display but then again it's not a really expensive treadmill.
Ownership	Maintenance Requirements	Belt adjustment and deck lubrication as with all treadmills. Make sure to Hoover out dust from the motors regularly (there is no backboard on the treadmill to guard against dust collecting in the motor housing.)
	Storage	Has 4 transport wheels so is easy to move. Running deck folds up for storage.
	Length of Warranty	A good warranty is offered with this machine. 10 Years Motor and Frame, 2 Years Parts and Labour
	Manufacturer Service	The manufacturer is based in Spain with a network of engineers in the UK who visit your home if there is a warranty callout.



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### How we review fitness equipment

All reviews are carried out by one of the team at Inspire Fitness. Our reviews cover all aspects of the machine, including how easy it is to build, what is it like to use, how easy can it be stored away when it's not in use and what happens if it goes wrong.

We give an honest assessment of the equipment and, based on our experience, rate the product for "Value for Money".

### What the review information means

Category	Review of...	Means
Assembly	Ease of Assembly	How easy is the machine to build? Could anyone build it or do you need to be a DIY expert?
	No. of people required	Will it take more than one person to build or can you do it alone?
	Time to assemble	How much time will you need to set aside to build the machine?
	Clarity of Assembly Guide	Are the assembly instructions easy to follow?
Quality	Paintwork	How good is the paintwork on the machine and will it stand the test of time?
	Plastics	Do the plastics and mouldings fit properly?
	Build Quality	How robust does the machine feel when it's built? Will it be hard wearing?
Usability	How easy is the machine to use	Can you get going straight away or do you need to spend time working out what to do?
	Clarity of Instruction Manual	Is the instruction manual simple to understand?
	Running Deck	Is the size and suspension of the running deck up to standard?
	Controls	Are the controls easily accessible when you're using the machine?
	Console and Feedback	Does the console give you all of the information that you need?
Ownership	Maintenance Requirements	Are there any routine maintenance requirements?
	Storage	Is the machine easy to store away when not in use?
	Length of Warranty	How does the warranty compare?
	Manufacturer Service	If there's a problem, what response will you get from the manufacturer
Overall Value for Money		Does the product offer good value for money when compared to other products in the price range? (see website for details)

### Inspire Fitness

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